## Indoor Aquatics Center Rules

- 1. The pool is not to be used until lifeguards are in their stations and give the o.k.
- 2. Children 10 years of age and under must be under the continuous supervision of an adult (18 or older).
- 3. Children 11-13 years of age who cannot meet the swim test requirements must be under the direct supervision of an adult (18 or older). Swim requirements are a 25-meter swim and tread water for 1 minute.
- 4. Food and beverages are not permitted in pools or around main or kiddy pool decks.
- 5. Alcoholic beverages, glass containers, intoxicated individuals, and smoking are not permitted.
- 6. Only properly fitting USCG approved PFD's, types I, II, or III, are authorized during open recreational swimming.
- 7. A full shower with soap is required of all pool users before entering the pool.
- 8. Running, wrestling, riding on backs and shoulders are prohibited.
- 9. Use ladders to exit the pool.

- 10. Lifeguards are in charge at all times.
- 11. Throwing of any type of object is prohibited.
- 12. Proper swim apparel will be worn at all times.
- 13. Children in diapers are required to wear rubber pants over swim diapers or a diaper made specifically for swimming.
- 14. Individuals with communicable disease, open sores or lesions are prohibited from entering pool.
- 15. All individuals ages 16 and under must take a swim test to be in the deep water or on any deep-water attraction.
- 16. Pool or aquatic toys must be approved by the lifeguards on duty.
- 17. At the lifeguards discretion a 15-minute break will be at the top of every hour during open swim.
- 18. An emergency telephone is located at the front counter, please ask for assistance.