

Drop your **HERD** off with us for awhile...

At your workplace, there's always an elephant
waiting just under the surface.
When stress gets in the way, productivity
plummets. It's time to take control.
Bring your herd over to the CDC's Workplace
Stress Management Program. We'll help you
develop stress-management skills and
improve your ability to manage by cutting the
CDC's 100% stress-free stress.

CDC
Centers for Disease Control and Prevention

