

January Fitness



SALE

\$30

1 Hr. Personal Training
\$8 Savings

\$45

1 Hr. Massage
\$10 savings

247-2791

January Price Savings Special

Below prices starting Feb. 1:



Massage



Relaxation/Deep Tissue/Medical Massage: 30 min. \$28 / 60 min. \$55 / 90 min. \$83
 Hot Stone Massage: 60 min. \$72 / 90 min. \$83
 Chair Massage: \$11



Personal Training

Individual Training Session: \$38
 2 Person Training Session: \$58

Specialized Fitness Training

Group P90x Live Session (Kelly): \$11/person
 Monthly On-line Only Training Plan (Nicole): \$75/person

Aikido or Jiu-Jitsu

One Month Instruction: \$65



Coming this spring...
 The return of
 Boxing & Dance

Come into the Fitness Center and learn more about these and more great values!!! Call 247-2791 today!