

Begins: January 16

Squadron Fitness Challenge

2018



Get Active & Get Points:

Intramural Sports

Incentive Programs

Special Events

Fitness Classes (Group Aerobic)

Equipment Orientation

Health Promotion Activity

AF SERVICE
Fitness
& Sports
247-2791

CHALLENGE

ACCEPTED

Open to Air Force Active Duty, Guard and civilian employees

Does your squadron have what it takes? We'll track participation to our FREE scheduled Health & Fitness classes/activities for your Squadron to earn points toward \$\$\$ and the Fitness Trophy. All you need to do is sign in at each activity or Fitness Center desk before leaving the Fitness Center. Stop into the Fitness Center Today! Take the Challenge!