



Personal & Group Fitness Training

Are you struggling with
your fitness goals?

Have you hit a plateau?

Are you not seeing the re-
sults you want or expect?

Can't lose the weight?

Not into group fitness?

Don't give up! Let's sit
down and evaluate your
personal fitness. It's
FREE

Have Questions? Ask me.

Personal Trainers

Sully

Thomas J Sullivant
Certified Personal
Trainer

208 447 6958

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Bootcamp92

Phyt Club

Weight/Fat Loss

Run/Ski prep

PT Test