

JUNE GROUP FITNESS

Fairchild Fitness Ctr - 92 FSS



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
REVIVE 1000-1045 (Amy) ZUMBA 1100-1200 (Amy)	HYBRID HIIT 1700-1745 (Kae) POWER & PROGRESS 1800-1845 (Kae)	WT FLOOR TRAINING 1100-1145 (Amy) POWER PUMP 1200-1245 (Amy)	YOGA 1700-1745 (Stephanie) HYBRID HIIT 1800-1845 (Kae)	HYBRID HIIT 1000-1045 (Kae) ZUMBA 1100-1200 (Amy)	NO CLASS SKYFEST
8	9	10	11	12	13
REVIVE 1000-1045 (Amy) ZUMBA 1100-1200 (Amy)	POWER & PROGRESS 1700-1745 (Kae)	WT FLOOR TRAINING 1100-1145 (Amy) POWER PUMP 1200-1245 (Amy)	YOGA 1700-1745 (Stephanie) HYBRID HIIT 1800-1845 (Kae)	ZUMBA 1100-1200 (Amy)	HYBRID HIIT 1000-1045 (Kae) POWER & PROGRESS 1100-1200 (Kae)
15	16	17	18	19	20
REVIVE 1000-1045 (Amy) ZUMBA 1100-1200 (Amy)	POWER & PROGRESS 1700-1745 (Kae)	HYBRID HIIT 1100-1145 (Kae) YOGA 1200-1245 (Stephanie)	YOGA 1700-1745 (Stephanie) HYBRID HIIT 1800-1845 (Kae)	YOGA 1100-1200 (Stephanie)	HYBRID HIIT 1000-1045 (Kae) POWER & PROGRESS 1100-1200 (Kae)
22	23	24	25	26	27
REVIVE 1000-1045 (Amy) ZUMBA 1100-1200 (Amy)	POWER & PROGRESS 1700-1745 (Kae)	WT FLOOR TRAINING 1100-1145 (Amy) POWER PUMP 1200-1245 (Amy)	YOGA 1700-1745 (Stephanie) HYBRID HIIT 1800-1845 (Kae)	ZUMBA 1100-1200 (Amy)	HYBRID HIIT 1000-1045 (Kae) POWER & PROGRESS 1100-1200 (Kae)
29	30				
REVIVE 1000-1045 (Amy) ZUMBA 1100-1200 (Amy)	POWER & PROGRESS 1700-1745 (Kae)				